

# Erika Lea ROTHENBERGER

PUBLISHED AUTHOR • TEDX PRESENTER  
PODCASTER - "GRIT, GRACE & GLITZ"  
WELLNESS ENTREPRENEUR

## Book Erika

Rothenberger is a seasoned corporate professional, global wellness leader, and published author on a mission to guide audiences toward the life they aspire to live.

**Mastering Conscious Living:** Learn practical strategies to elevate your awareness and make conscious choices that align with your goals.

**Recognizing Your Top Traits:** Discover the power of self-awareness by identifying and acknowledging your top traits.

**Tapping into Your Inner Drive:** Unleash your inner drive and motivation while cultivating a mindset that propels you toward your goals.

**Navigating Personal Victories:** Clear the runway for your next level and personal best while gaining valuable insights into overcoming setbacks.


## Raise your awareness!




## Elevate your potential!

**ERIKA ROTHENBERGER**

GRIT, GRACE & GLITZ

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