Erika Lea Rothenberger

PUBLISHED AUTHOR • TEDX PRESENTER PODCASTER - "GRIT, GRACE & GLITZ" WELLNESS ENTREPRENEUR

Book Erika

Rothenberger is a seasoned corporate professional, global wellness leader, and published author on a mission to guide audiences toward the life they aspire to live.

Mastering Conscious Living: Learn practical strategies to elevate your awareness and make conscious choices that align with your goals.

Recognizing Your Top Traits: Discover the power of selfawareness by identifying and acknowledging your top traits.

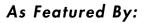
Tapping into Your Inner Drive: Unleash your inner drive and motivation while cultivating a mindset that propels you toward your goals.

Navigating Personal Victories: Clear the runway for your next level and personal best while gaining valuable insights into overcoming setbacks.

Elevate your potential!

GRIT. GRACE & GLITZ

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