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Book Erika

Rothenberger is a seasoned corporate professional, global wellness leader, and published author on a mission to guide audiences toward the life they aspire to live.

The Sum of Your Connections: Explores the concept that you are the sum of the people you spend the most time with.

Fear Reduction and Confidence Elevation: Discover proven strategies for reducing fear and elevating confidence in social settings.

Creating POWERful Opening Lines: Master creating powerful opening lines that capture attention.

5 Signature Questions: Uncover five signature questions that lead to deeper, more meaningful conversations.


Attracting Meaningful Relationships: Attract authentic relationships by building a network that aligns with your goals.


Let's Connect



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